

My Saturday ritual

Erin Clare

Lives in: Rushcutters Bay

When Erin Clare is not on stage (this time as Doralee Rhodes in hit Dolly Parton musical 9 to 5), she is often to be found in far less glittering surrounds. Having grown up in the Blue Mountains, this avid bushwalker knows all the best tracks in the region. And when she moved to harbourside Rushcutters Bay, the ocean called her name.

Early riser or Saturday sleep-in?

I'm an early riser. I love having the world to myself for the first few hours as the sun rises.

Best place to go to catch up with friends?

As a Sydney girl, I am completely obsessed with our many beaches. Nothing beats finding a new bushwalk that leads to a hidden cove. I love the walk from Nielsen Park to Milk Beach, stopping off along the way to walk along the rocks and look at the Harbour before jumping in the clear waters of the beach.

Favourite park?

McKell Park in Darling Point. It's almost hidden away at the bottom of the street and has gorgeous harbour views and beautiful manicured gardens.

Local coffee haunt?

Jeremy and Sons in Potts Point has the most delicious coffee, and Pema the barista somehow remembers all the locals' names and coffee orders.

Favourite takeaway?

Den Sushi in Rose Bay has the most amazing Japanese. If you can grab a table though it's really nice to sit outside on the water.

Best spot for date night?

Any rooftop bar with live music. Slims on William St is nice if you can handle the stairs.

Where and when do you exercise?

If I'm not running in Rushcutters Bay Park in the early morning, I'll be at pilates at Karv by Karina in Potts Point. I love roller skating in Centennial Park or tennis in their tennis courts despite my very average ability.

Best hidden treasure in NSW?

Growing up in the Blue Mountains I was very lucky to find many hidden spots such as the cliffside lookout at Kings Tableland at Wentworth Falls, and the Grand Stairway walk that connects the top of the waterfall with the valley below.

Favourite place to holiday in NSW?

Any of the beautiful eastern coastal towns such as Hyams Beach or South West Rocks are wonderful to get away from the pace of Sydney city.

What's your idea of the perfect Saturday?

The perfect Saturday would begin with a run or fitness class in my local neighbourhood of Potts Point, then a trip to the markets to grab some coffee and something to eat. I love the walk from Diamond Bay to Watsons Bay along the cliff's edge and past the lighthouse. Then magic hour at one of the rooftop bars in the city, maybe finishing with a walk through the city streets, finding some of the underground hidden gems along the way.

9 to 5 is playing at the Capitol Theatre, February 16 until April 17



ERIN'S FAVOURITES

TAKE A HIKE



Explore the Blue Mountains, visitnsw.com

DATE NIGHT



Slims, 47-49 William St, East Sydney, hydeparkhouse.com

GREAT ESCAPE



Hyams Beach, 190km south of Sydney, visitnsw.com

GREEN HEART



Centennial Park, open 6am-8pm, centennialparklands.com.au